

Dale Fleming's Method for Machine Piecing an Inset Circle

The Six-Minute Circle

There is a short online Simply Quilts video where Dale Fleming demonstrates her method here:

<http://www.hgtv.com/video/easy-circle-quilt-blocks-video/index.html>

Dale Fleming's book, **Pieced Curves So Simple**, (C&T Publishing, 2005) includes instructions for making quilts with her "painless, pinless piecing" method and more techniques for curve construction and design. The book is available for purchase in pdf format at the C&T Publishing website: www.ctpub.com and used copies of the book are available at online booksellers.

For more information about Dale Fleming's work please visit her website: www.dalefleming.com