



Rising Star Quilters

September 2020

Block of the Month

Finished blocks can be dropped off at the next Curbside Saturday Benefit Quilt Day. Questions: Email Sue Clark at warmandpieced@gmail.com

Square Knot

from the Missouri Star Quilt Co.

Here is a fun block to start the new year off with. Let's make them blue and white, you'll need dark blue, light blue and white. Perfect for 2 ½ inch jelly roll strips. All fabric will be from your own stash this year. Completed blocks will be made into a benefit quilt. The tutorial for this block can be found on Youtube on the Missouri Star channel: <https://youtu.be/27HyfgoNLWw>

The unfinished block will be approx. 8 ½ inches. Please use 100% cotton, good quality fabric. All seams are ¼ inch.

Instructions:

You will need:

4- 2 ½ inch by 4 ½ inch strips in white and dark blue fabric

4- 2 ½ by 2 ½ inch squares of light blue and white fabric

Sew:

Take a dark blue rectangle and place a white square on top, RST (right sides together). Line up the left edges as shown and sew on the diagonal line.

Repeat with the white rectangles and light blue squares.

Trim away excess. Leaving a ¼ inch seam allowance.

Open and press the seam allowance toward the triangle.

You will have four sets as shown here. Lay top unit RST on

Bottom unit, triangles on the left. Sew along the top using a ¼ inch seam. Open and press toward darker fabric.

Arrange the four matching units as shown at the top of the page. Sew the top two units together pressing the seam to the left, then the bottom two together pressing the seam to the right. Nest the seams together and sew the units as shown to complete the block.

