

Double Fold Binding with Mitered Ends

Cutting Binding Strips

1. To determine the length of binding needed, determine the perimeter measurement of the quilt. ($P = \text{Length measurement} \times 2 + \text{Width measurement} \times 2$)
2. Add at least 6" to the perimeter measurement to allow for turning corners etc.
3. Determine the number of strips that you will need by dividing the width of your fabric (generally 40"- 44") by the figure calculated in Step 2.

For example, with a 10" square quilt $P = 40 [2(10+10)+2(10+10)]$. Adding 6" yields 46", but a width of fabric will yield only 44" at the most, thus 2 strips will be required with plenty of extra.

4. Cut the required number of strips 2 ¼" or 2 ½" wide, depending on how "fat" a binding is desired.

Sewing Binding Strips

1. To join strips with a mitered seam, place two strips right sides together at a 90° angle. Sew a 45° seam across the corner. (See Illustration 1)
2. Trim ¼" from the seam and press seam open. Continue sewing all of the strips together in the same fashion.
3. Once all of the strips required for the length of binding are sewn, lay one end of the strip wrong side up on the cutting mat and make a 45° cut with the longer side on the bottom of the strip. (See Illustration 2)
4. Fold over roughly ¼" to the wrong side along the cut and press. The pressing line will become the sewing line when joining the two ends together later.
5. Fold the strip in half, wrong sides together and press. (See Illustration 3)
6. Press the entire length of binding in half, wrong sides together.



Illustration 1

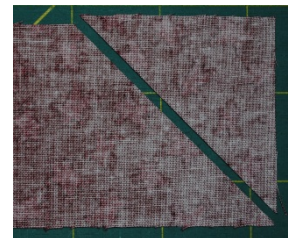


Illustration 2



Illustration 3



Illustration 4

Attaching Binding

1. Pin the binding strip to the quilt in the middle of one side, aligning the raw edge of the binding with the raw edge of the quilt.
2. Leaving several inches of the binding end free to allow joining the ends later, sew ¼" from the edge of the quilt. (See Illustration 4)
3. Stop sewing ¼" from the corner. Backstitch. Remove the quilt from the machine and snip threads.

Double Fold Binding with Mitered Ends cont.

Attaching Binding cont.

4. Make a mitered fold for the corner by folding the binding strip straight up off the corner and pressing the 45° fold with your fingers. (See Illustration 5)
5. Fold the strip straight back down over the mitered fold, again aligning raw edges. Begin sewing again ¼" down from the top of the corner. Backstitch. (See Illustration 6)
6. Sew to next corner and repeat until all 4 corners are sewn. Stop sewing several inches before the point where the strips will join.



Illustration 5



Illustration 6

Joining Binding Strips & Finishing

1. Pin both ends of the binding down to the quilt, laying the end of the binding over the folded edge of the beginning of the binding strip.
2. Snip the binding end (the binding on top) where it meets the raw edge of the fold at the beginning of the binding strip (See Illustration 7)
3. Cut the strip at the snipped point at a 45° angle with the longer side on the top of the strip.
4. Pin the two ends together. The edges will overlap giving you a "dog ear" on each end. (See Illustration 8)
5. Sew on the fold line created when you pressed the binding at the beginning. (See Illustration 9)
6. Press the seam open and clip the dog ears. Refold the binding strip.
7. Realign the raw edge of the binding with the raw edge of the quilt and sew the remainder of the binding down.
8. Fold the binding to the back of the quilt and sew down by hand using a blind hem stitch or by machine.
9. Fold miters at each corner and sew down.



Illustration 7



Illustration 8



Illustration 9